

# Snips & Snaps

ORNAA NEWSLETTER



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## ORNAA EDUCATION DIRECTOR MESSAGE



I have come to the end of my additional year as Education Director for ORNAA. I would like to thank the rest of the board and members for helping me create this newsletter over the last three year with your submissions. Christa Gibson will be taking over for this upcoming year, so don't stop sending in your articles and personal reflection pieces.

I am working in conjunction with Christa for this year's upcoming ORNAA AGM. We hope to provide two informative and exciting speakers and topics.

The Muriel Shewchuk Excellence in Leadership Award marking guideline and submission criteria has been updated. Please take a look at this award on the ORNAA website and please consider sending nominations in for next year's (2022) conference year.

It has been my pleasure serving on the ORNAA board for the past five years and I look forward to seeing you all in education sessions and conferences to come.

Lauren Llewellyn, RN BScN

## EDUCATION SESSIONS ACROSS THE PROVINCE

Hopefully these upcoming meetings are the last to be required Zoom meetings. But does that mean it will be the end of the access to education sessions across the province? Will we be returning to in-person only events?

Currently all districts are considering keeping the zoom meetings, whether they be stand alone or as a hybrid model. The ORNAA AGM and Education session in October is currently slated to be virtual, as there are still restrictions on meetings at AHS sites.

As most Districts return to having meetings in late September/early October, start checking the ORNAA webpage for details at the beginning of September.

## SIMS IN THE MISERACORDIA HOSPITAL

### **SIMULATION STRENGTHENS PROFESSIONAL RELATIONSHIPS AND IMPROVES SKILLS.**

Starting in 2018, we started doing yearly code blue simulation in the operating room. The simulation groups consist of an anesthesiologist, OR nurses, PACU nurses, service attendants and RT's from the Misericordia OR. The scenario is facilitated by Dr Fielding and the AHS simulation team.

We are given the opportunity to work through a scenario with our colleagues and with our own resources. We open and utilize our own code cart drug tray, we get to see how the defibrillator operates in real time, and we practice a code team role that challenges us. Each scenario is followed by a debriefing session lead by Dr Fielding, which allows the group to discuss what went well and what they can improve upon. Important learnings are always discovered during the debriefing sessions.



ASPo







Leading up to the code blue SIM day we have in-services on emergency drugs and interpretation of ECG tracings which is always a good review for staff.

I used to get really nervous leading up to SIM day but the more I've done it, the more comfortable I've become. It is a very supportive environment, and the purpose is to practice your skills and learn how to manage an emergency situation.



More information about the use of simulations and their role in developing protocols for the operating room can be found at:

<https://www.thevitalbeat.ca/news/simulations-integral-developing-protocols-covid-19-patients/>

## Perioperative Nurses Week contest (7-13 November 2021)

Once again ORNAC is running a Video and Written Contest with prizes for the 1<sup>st</sup> and 2<sup>nd</sup> place winners who reflects and understands the theme of this year's nursing week.

*Adapting and Evolving in a Changing World: Perioperative Nursing Through a Pandemic*

As this is a topic that all operating rooms nurses across the country and world can relate to, it will be wonderful to see the vast interpretations of the submissions.

The marking and submission guidelines can be found at: <https://ornac.ca/en/news-events/perioperative-nurses-week>

Submissions are to be sent at [info@ornac.ca](mailto:info@ornac.ca)

Not a topic that you feel you can make a submission for? The Theme contest for next year's (2022) Perioperative Nurses week runs between Nov 15<sup>th</sup>-Dec 15<sup>th</sup>, 2021. Get your theme ideas out there.

## ORNAC MEMBERSHIP

ORNAC Membership Registration and Renewal has changed! Instead of running January-December for the membership year, membership lasts for one year from the time of registration/renewal (eg. Obtain membership January 23<sup>rd</sup>, your membership year will be from January 23<sup>rd</sup>, 2021 to January 22<sup>nd</sup>, 2022)

As ORNAC has moved to a new web platform, the website to Register and Renew memberships has also changed. You can now do both at [www.ornacmembers.ca](http://www.ornacmembers.ca). There are prompts on the screen for new or returning members.

The screenshot shows the ORNAC Members & Associates Section website. The header includes the ORNAC logo and navigation links: Membership, Discussion Forum, and Back to ORNAC. A language dropdown menu is set to English. The main content area is titled 'ORNAC Members & Associates Section' and includes a navigation bar with links: Benefits of Membership, Registration Types & Fees, Join Now, Sign In, and Reset Your Password. The login section has a 'Members & Associates Section Login' box with fields for 'Username/E-mail' and 'Password', and a 'Log In' button. Below the login box, there are links for 'Not yet registered with us?' and 'Forgot your password?'. The footer contains copyright information for ORNAC and contact details for Valerie Shireff Virtual Office.

**\*A reminder to please make sure you are selecting the correct district before submitting. If you pick the wrong district, you will miss out on info about meetings and events, and may have delays with being approved for district funding.\***

Tax receipts can also be found through this new webpage.

## Spotlight on A Standard

### Traffic Control

#### 2.6 General Practice

The surgical suite has levels of increasingly restricted access: the unrestricted zone, semi-restricted zone, and the restricted zone. These zones are in place to reduce microbial load ultimately reducing the number of microbes at the point of surgery (PIDAC, 2018). Provincial and territorial occupational health and safety legislation and regulations should be followed in all designated zones (Accreditation Canada, 2018).

**Unrestricted Zone** permits unlimited access to the personnel wearing street clothes. This area often encompasses administrative areas and family waiting rooms. (Accreditation Canada, 2018).

**Semi-restricted Zone** is limited to authorized personnel who are required to wear surgical attire (refer to Dress Code section). This area includes storage space for clean supplies and equipment, sterile supplies, scrub sinks and corridors leading to the restricted area. The presence of food, drink, or personal belongings is not permitted (Accreditation Canada, 2018).

**Restricted Zone** is limited to authorized personnel wearing surgical attire and appropriate personal protective equipment (PPE) dependant on area entered and task being performed. The presence of food, drink or personal belongings is not permitted (Accreditation Canada, 2018). Provincial and territorial occupational health and safety legislation and regulations shall be followed.

2.6.4 The number of personnel in the operating room should be kept to a minimum (Phillips, 2017).

*The potential for microbial contamination within the operating room increases as the number of people and movement in the operating room increases (Phillips, 2017).*

2.6.5 Operating Room doors shall remain closed at all times, including during cleaning: except as required for the passage of equipment, supplies, staff, or the patient (Goodman & Spry, 2017; Phillips, 2017; Rothrock, 2019).

2.6.6 All movement of clean and sterile supplies and equipment shall be separated from movement of soiled equipment and waste (Phillips, 2017).

Excerpt taken from:

Operating Room Nurses Association of Canada (2019). *The ORNAC Standards, Guidelines, And Position Statements for Perioperative Registered Nurses. P. 124-125*



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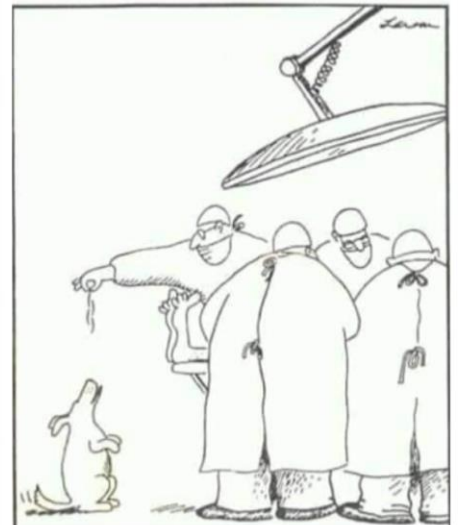
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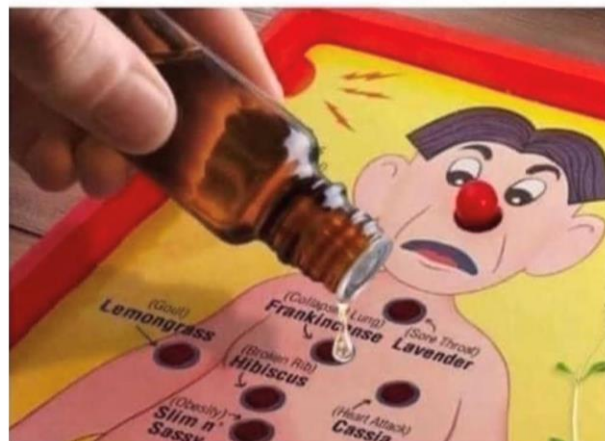


"Whoa! That was a good one! Try it, Hobbs — just poke his brain right where my finger is."

Take your Pet to work day



New Version Of 'Operation' Just Has  
Players Use Essential Oils Instead Of  
Performing A Medical Procedure



What I see when I gown/glove the surgeon  
vs. what the surgeon sees when gowning:

