

S P R I N G 2 0 1 2

O.R.N.A.A

March Newsletter



2013 Provincial Conference

October 24-27, 2012 is another opportunity to join nurses from Alberta at the ORNAA provincial conference being held at the Red Deer Sheraton (formerly called the Capri). The theme is **"Thinking on Your Feet"**.

Why not plan to take in a single day or the entire conference? Funding may be available to you through ORNAA or UNA.

Barb Bancroft is the opening speaker on Thursday morning. You will be laughing and challenged at the same time.

Time will be available for you to tour the **exhibitors** hall to speak to the vendors and see the latest technology. There will be breakout sessions so you can choose the speaker that will most address your interests. Thursday night offers the always entertaining dinner and dance.

Check out the poster on the ORNAA website.

QUOTE

"Conscience is the inner voice which warns us that someone may be looking"
~ H. L. Mencken ~

IMPORTANT! Save the Date!

Conference	Conference	Conference
April 22-26, 2013	July 13-15, 2012	April 26-29, 2012
ORNAC National and International Conference with IFPN in Ottawa "Perioperative Best Practice"	AORN leadership conference in Dever, CO "Leadership Academy, and Writer's Workshop"	EORNA 6 th Congress in Lisboa, Portugal "Sailing to the Future"

Message From The President

Surgical conscience - The term refers to the concept of human conscience as it applies to the performance of all of the activities that occur in the operating room.

Do we hold ourselves accountable when no one is there to challenge our actions and monitor our behaviors? This is the basis of surgical conscience. Perioperative nurses are strong patient advocates, upholding the highest nursing values in concert with the rest of the surgical team. Patients ultimately benefit from the use of surgical conscience. This concept is still as vital and important for perioperative nurses today as it was in the past.

Surgical conscience should prompt practitioners to admit to committing an error, if need be, and to correct the situation. A nurse with a surgical conscience knows that wearing earrings outside a surgical cap is wrong because it could endanger that patient if the earring back comes off and a piece falls into the wound (yes, dear readers, this has happened. The nurse knows that a cap should cover all head and facial hair. Calling a break in the sterile field, even if it means having to tear down and set up a case again. ...continued...

Having this awareness and taking the appropriate actions to protect the patient will lead to practice that is internally directed by intellect and the desire to do no harm.

In its strictest sense, surgical conscience is about much more than just using good surgical technique or not taking shortcuts. It's about consistently exhibiting ethical behavior and promoting patient safety all the time, in every circumstance—and doing the “right thing” in a surgical setting even if nobody else is watching or is aware that patient safety has been compromised, however minor or insignificant the compromise may appear to be.

As patient advocates, nurses must have a strong surgical conscience to ensure that the patient has a safe perioperative experience. Participate by reflecting on your own practice, talking about this concept with your colleagues, and continuing to provide excellent care.

Barbara Mushayandebvu RN CPN(C)
ORNAA President



ORNAA President's Report

ORNAC Report

- Board meeting held November 2011
- ORNAC secretary term extended by 1 year to allow for smoother transition because of the treasurer's term also having changed
- Several motions were passed in November with regards to recommendations from the board governance meeting held in September 2011.
 - Change to the Current ORNAC Board Structure
 - The Provinces would be structured as "Chapters" or "Councils" of ORNAC
 - At this point, ORNAC would not populate the Board with non-perioperative Registered nurse representatives but would bring subject matter experts in to support committees set up under the ORNAC Pillars
 - New ORNAC Membership Categories
 - It is recommended that the main voting members of ORNAC would be perioperative registered nurses. They would become members of ORNAC and ultimately members of their Provincial Chapters or Councils – but the membership would be processed at the ORNAC/National level into a National database. Each province would have the opportunity to nominate representative to run for an election for the ORNAC Board of Directors.
 - Active voting members of ORNAC – Canadian Perioperative Registered Nurses
 - Non-voting associates of ORNAC- may include associates such as LPN's, anesthesiologists, industry, student nurses, international, etc..
- Next board meeting May 5-6 2012 in Toronto

Respectfully submitted by

Barbara Mushayandebvu
ORNAA President



O.R. SLATE

OPERATING ROOM NURSES
ASSOCIATION OF CANADA

&

The International Federation of
Perioperative Nurses

Present the International Conference in
Ottawa April 22-26, 2013

Share your accomplishments in the field of
perioperative clinical practice, education,
professional development, research and
administration!

The 2013 Conference Program Committee is
accepting submissions of abstracts for paper or
poster presentation at our 2013 ORNAC/IFPN
International Conference. The theme of the
conference is:

**“International Alliance for
Perioperative Best Practices”**

**Abstracts will be considered for
presentation in one of the following forums:**

Poster:

A visual display. Posters will be displayed at
the conference.

Paper:

A 15 minute presentation by the author(s)
plus 5 minutes for question and answers,

Posters will be selected based on relevance
and implications for perioperative nursing and
those in keeping with our theme. Criteria are
available at www.ORNAC.ca

Abstract submissions should have a
maximum of 150 words on a single-spaced
page, typed in a size-12 font. The abstract
heading should include: title, author(s)
name(s), institution name, city, province,
country, contact information and specific field
of focus.

The deadline for submission has been
extended to April 1, 2012. Please send three
(3) copies of the abstract to:

Conference Chair, 2013 ORNAC/IFPN
International Conference, 67 Canada Drive,
St. John's, NL A1E 4H5

Phone: (709) 747-2227

Fax: (709) 777-8328

Email: mwalsh@nl.rogers.com

**Unsigned, incomplete or late submissions
will not be processed.**



Egg Salad

- 6 eggs - boiled
- 1/2 small square of
Philadelphia Cream
Cheese (softened)
- 2 teaspoons of
Dijon Mustard
- 3 Tablespoons of
Mayonnaise

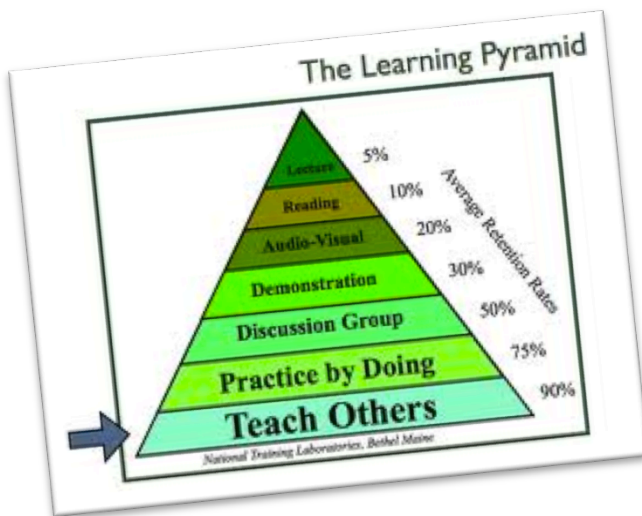
Peel the eggs and slice. Cream
together other ingredients. Add to
the eggs; mix well and add salt
and pepper to egg mixture or to
your taste. If you wish add finely
chopped celery, red pepper
and/or green onion.

Toast some bread, add the egg
salad and top with a lettuce leaf
and top with slightly buttered slice
of bread. Cut sandwich in 4 if
desired and serve with your
favorite soup.

Welcome to the New “Greens”

Amber

Graduated from the U of A approx. 2 years ago. She worked in High Level primarily in Acute Care and Obstetrics. She decided to join our Peri-operative Team and is working towards completing her practicum now

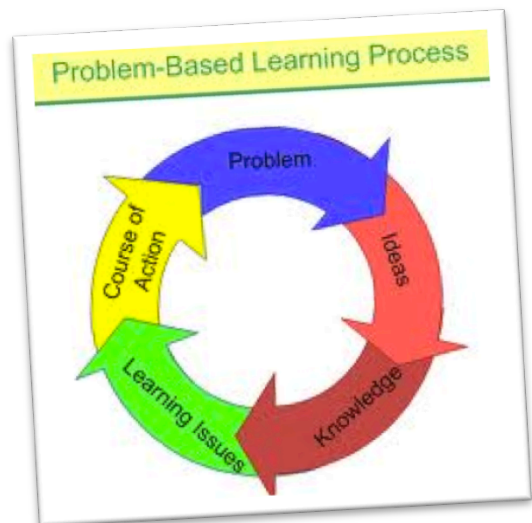


Amanda

Graduated as a Registered Psychiatric Nurse and completed her education at Grant MacEwan for her RN. She started out working in Child and Adolescent Psych and after her RN's, then worked on Unit 21, which is Red Deer's Orthopedic Unit for 3 years. She is excited to join our Peri-operative team and is working towards completing her practicum part of the course.

Samantha

She is a recent graduate from the RDC/U of A Nursing Program. She worked casual on Unit 21 which is Red Deer's Orthopedic Unit. She is excited about completing her practicum part of the course.



Brittney

Graduated from the U of A in 2011. She worked in High Level in rural nursing mainly in Labor and Delivery. She moved to join the Peri-operative team where she is challenging the Peri-operative course and is now completing her practicum part of it.

DISTRICT REPORTS

NORNA

As of today we have 45 members; from Fort McMurray, Yellowknife, Seba Beach, and Grande Prairie. E-mails sent to every rural member to voluntary for a hospital rep. still no replies.

We had our Educational session in March 5th; it was a Synthes Ortho Trauma workshop. It was well attended; we had 25 people sign up for it. We are still finding it very difficult to get the farther members to respond to the teleconferences/educational sessions. We have had two members that have completed their CPN(c). Next year, we will have over 10 members that will be recertifying their CPN(c) and we are encouraging more to try.

Our next meeting will be in June (dinner meeting) on financial planning with Jim Yih and another in September.

Respectfully submitted,

Colleen Marcotte
NORNA President

NCORNA

Members – 184, Associate 2, Honorary 3
There is not much to report from this district, as our next executive meeting will be next week. The gastric flu has depleted numbers dramatically, not only nurses, but surgeons, anaesthetists and attendants. This makes it hard to staff all theatres.

There is a general shift of nurses, moving in and out. One of the areas we have been hardest hit is the LPN fiasco. Anyway, Happy New Year, and may we put this behind us, as we have done so in the past, and become stronger!

Respectfully submitted,

Pamela Rooney,
NCORNA President

CORNA

CORNA membership numbers are 37 active and 1 honorary.

The November 15th dinner meeting was attended by 25 members and guests. The speaker was Beth Castle speaking on Stop Emotional Eating, Fix Food Cravings and find you Metabolism. The talk was well received. A copy of Beth's material was purchased by CORNA and will be kept in our library for use of our members and staff.

CORNA member, Rosemary Strand, created a quilt for one of our staff, who is in treatment for cancer. The staff of the OR each designed and contributed a square to celebrate Carrie and acknowledge her strength and courage. Carrie is pictured here with her beautiful quilt!



Respectfully submitted,

Marilee Saunders,
CORNA President

DISTRICT REPORTS

SCORNA

Current membership number for SCORNA is 138 members including 2 honorary members.

These next few months will be busy in the SCORNA district with the ongoing preparation for the opening of South Health Campus (SHC). With regards to hiring for OR staff nurse positions at SHC, postings should begin to appear on the Alberta Health Services website in the very near future as the positions for Unit Managers and Clinical Nurse Educators have now been filled. In addition, funding has been made available to the other sites to hire temporary full-time Clinical Nurse Educators. These positions were to be posted to assist with the on boarding of new staff, continuing competence of current staff, etc. For more information on the progress of South Health Campus go to:

<http://www.albertahealthservices.ca/shc.asp>

SCORNA district will also be busy in the coming months as planning begins for the 2014 Provincial Conference. We are in the process of getting a Conference Planning Committee together and then we can look at determining a theme for this upcoming event.

SCORNA will be hosting their next General Meeting on Tuesday, March 27 and a Spring Workshop on Saturday, April 28. Stay tune to www.ornaa.org for more details.

Respectfully submitted,

Lucia Pfeuti,
SCORNA President

SORNA

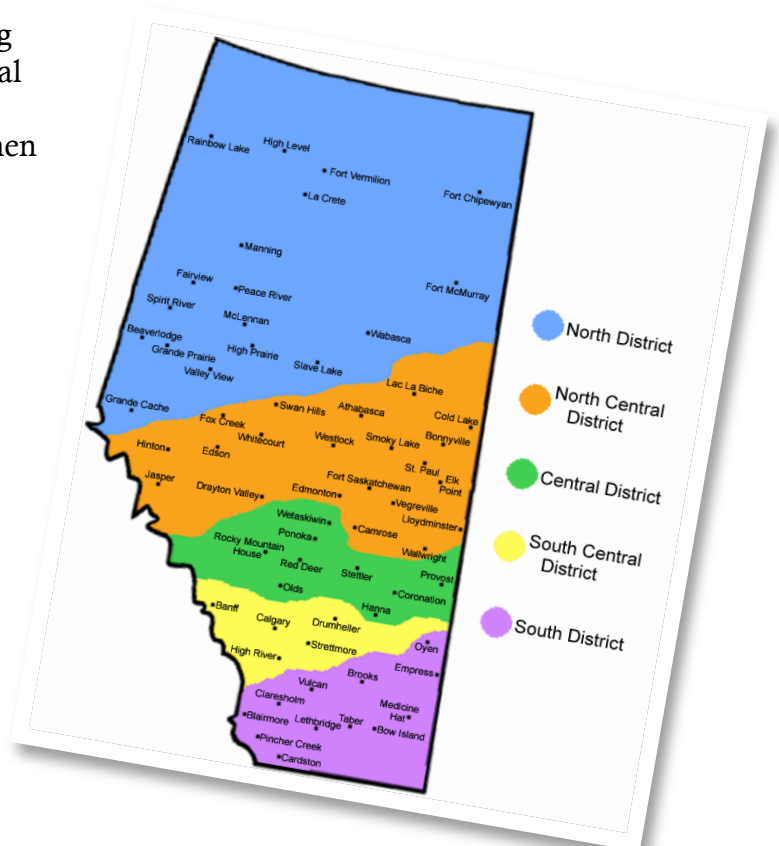
Happy spring to everyone! Even though this winter was mild, it's great to have it behind us.

The South District members are busy with their lives and work and we have had no meetings since November. SORNA's next get together is a teleconference, March 22, 2012 with an education session prior to the meeting. Interest is being generated for the October Conference "Thinking On Your Feet". Remember to take care of yourself, so you can take care of others.

Wishing everyone health and happiness.

Respectfully Submitted,

Leta Ottway RN CPN(C)
SORNA President



Next Newsletter!

Hello Members!

If you would like to see anything specific (such as announcements, OR news, retirements, new co-workers, celebrations etc.) in the next newsletter please email education@ornaa.org

The next submission deadline is **June 15, 2012**

Thank you!

